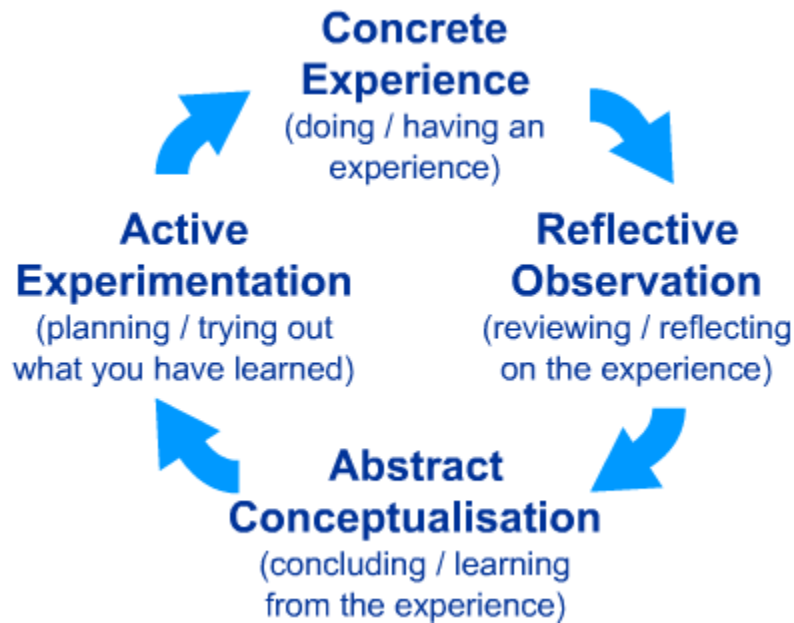


Kolb's Action Learning Cycle*



Concrete experience:	What actions and behaviors am I doing in this new or existing situation?
Reflective observation:	Reflect on what just happened and gauge alignments and inconsistencies between your and others' observations.
Abstract conceptualization:	Does that reflection give rise to a new or modified way of looking at myself and the context? What do I need to know more or approach differently?
Active experimentation:	What ideas do I want to apply -- to do or try next?

*David A. Kolb (1984). Dr. Kolb views learning as an integrated process with each stage being mutually supportive. One can enter the cycle at any stage.